

**Alchemy and Sandplay process -
Opus of Transformation**

Facilitated By:

**BETTY JACKSON, LCSW, LCW,
Teaching member of ISST**

WORKSHOP DAYS:(Thursday)

22nd February, 29th February,

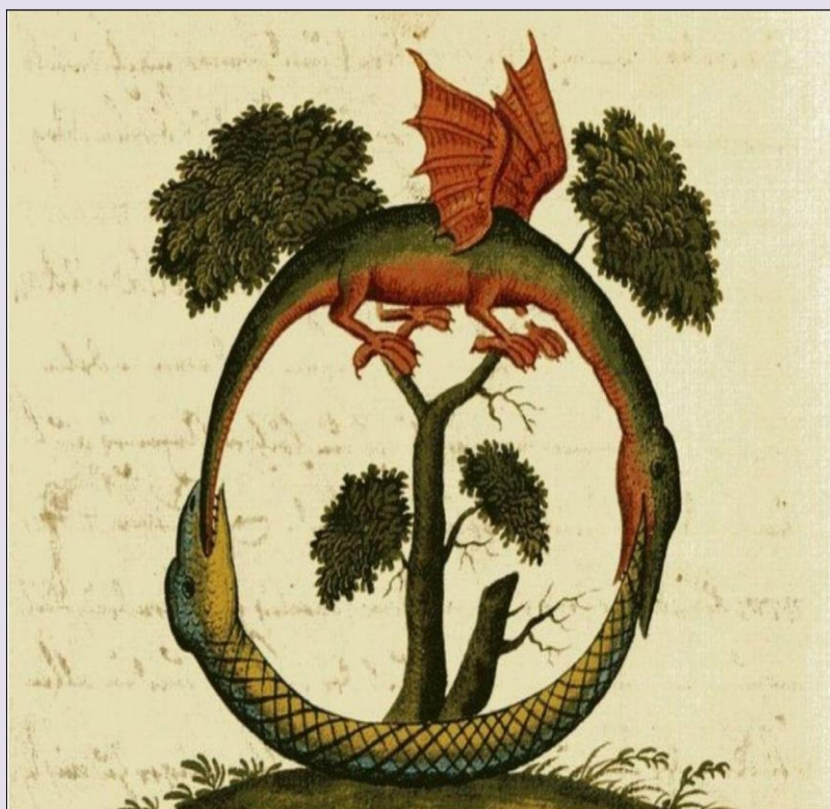
7th March, 14th March, 2024

Time: 7:00-10:00PM

Language: English

On-line Registration: [Google registration link](#)

**This 12-hour (4 sessions) online workshop
is accredited by ISST.**





香港沙遊治療學會
HKSTA

Hong Kong Sandplay Therapy Association

INTRODUCTION:

In this 4-session online workshop, we will explore the ancient arts of alchemy. It was a mysterious practice, concerned with the transmutation of base metals such as lead, into gold, where the initial 'dark matter' was subjected to a series of operations in an attempt to transform it. Ancient alchemists performed chemical experiments, aimed at changing the nature of matter, but their texts dense with cryptic, esoteric descriptions, reveal concern with the process of spiritual transformation. In these arcane, often impossibly abstruse accounts, Jung discovered descriptions of processes rich in archetypal symbolism, which he concluded were analogous to the process of psychological development.

This workshop will feature case presentations of a child and an adult whose sandplay processes exhibit a remarkable amount of alchemical symbolism. These presentations aim to illustrate how the process of alchemical transformation aligns with the stages of the sandplay process and Jung's concept of individuation.

Betty encourages participant interaction throughout and welcomes attendees at all levels of experience in terms of Sandplay training or practice.

Objectives:

- Understanding the alchemy concepts and its operation in the Sandplay process;
- Analyzing Sand pictures in the view of alchemical symbolism in the cases presented;
- Becoming aware of the correspondence between alchemical phases of transformation, Sandplay process, and Jung's concept of individuation.

Contents of the workshop:

Session 1: Thursday 22nd Feb, 2024: An overview of alchemy and important alchemical terms including material from Marie Louise Von Franz, Edward Edinger, and others. Drawing from Edward Edinger's *Anatomy of the Psyche*, it will include a review of primary alchemical operations and how to recognize them in Sandplay.

Session 2: Thursday 29th Feb, 2024: Betty will present the Sandplay case of a 5 year old boy whose process showed an astonishing amount of alchemical symbolism in his trays and fantasies, beginning with a destructive dinosaur who is gradually transformed. Along the way through his play, young Paul "cooks" his way to health and creates a new psychological foundation, "breaking down the old town and smoothing the land so a new town can be built."

Session 3: Thursday 7th Mar, 2024: An Adult case of an amazing amount of alchemical symbolism, completely unconscious on the client's part will be presented. Fire and water figure prominently in the case and these elements will be explored more in depth in conjunction with the alchemical operations of *solutio* and *calcinatio*.

Session 4: Thursday 14th Mar, 2024: Conclusion of the adult case, as well as a summary of the correspondence between alchemical phases of transformation, Sandplay process, and Jung's concept of individuation.

Sandplay Teacher-Trainer



Betty Jackson (LCSW, LCW, Teaching member of ISST) is a clinical social worker with more than 45 years of experience in mental health agency, school, and private practice settings. She began her Sandplay training with Dora Kalff in 1975 and became a Teaching Member of Sandplay Therapists of America and the International Society for Sandplay Therapy in 1991. She has had articles published in the *Journal of Sandplay Therapy*, the *Russian Sandplay Journal*, and the *Chinese Journal of Sandplay Therapy*, and coedited the book, *Into the Heart of Sandplay*. She has served two terms on the Board of Directors for ISST and currently

serves as the Honorary Secretary.

Ms. Jackson has extensive experience teaching Sandplay internationally, including being a Guest Lecturer for the Oriental Academy for Analytical Psychology and Sandplay in Guangzhou, China, as well as the Garden of the Heart and Soul Program for clinicians serving Chinese orphans. Since the pandemic she has offered online webinars to a wide range of international students.

She maintains a private practice in southeastern Pennsylvania where she has established The Center for Jungian Sandplay to offer Sandplay process, consultation, and training in the tradition of Dora Kalff.

Webinar Fee:

Early bird on or before 2 Feb 2024	After 2 Feb 2024
HKSTA member <input type="checkbox"/> HK\$2,800 Non-member <input type="checkbox"/> HK\$3,100	HKSTA member <input type="checkbox"/> HK\$3,000 Non-member <input type="checkbox"/> HK\$3,300

Online Registration : [Alchemy and Sandplay Process Registration Form](#)

Application Procedure: (please read it well before you do the online registration)

1. Please fill in the [Google registration link](#). If you encounter any difficulties, please feel free to contact us at admin@hksandplay.org
2. Please deposit your payment into the bank account of "Hong Kong Sandplay Therapy Association" at Hang Seng Bank # 228-338430-001 and upload your payment slip onto your Google registration.
3. No refunds will be made once you have successfully registered for the webinar.
4. Overseas applicants paying by TT will bear full responsibility for the handling charges of both parties. IMPORTANT: If we do not receive full payment, our Association reserves the right to decline your attendance without any refund.
5. After receiving proof of payment, we will email you a confirmation that your registration has been successful. If you do not receive our confirmation email within 7 days, please contact us to check.

For Enquiries: WhatsApp only: +852 9027 9558 / or Email: admin@hksandplay.org