香港沙遊治療學會
HKSTA

Introduction to Sandplay Therapy and Jungian Symbolic Thinking

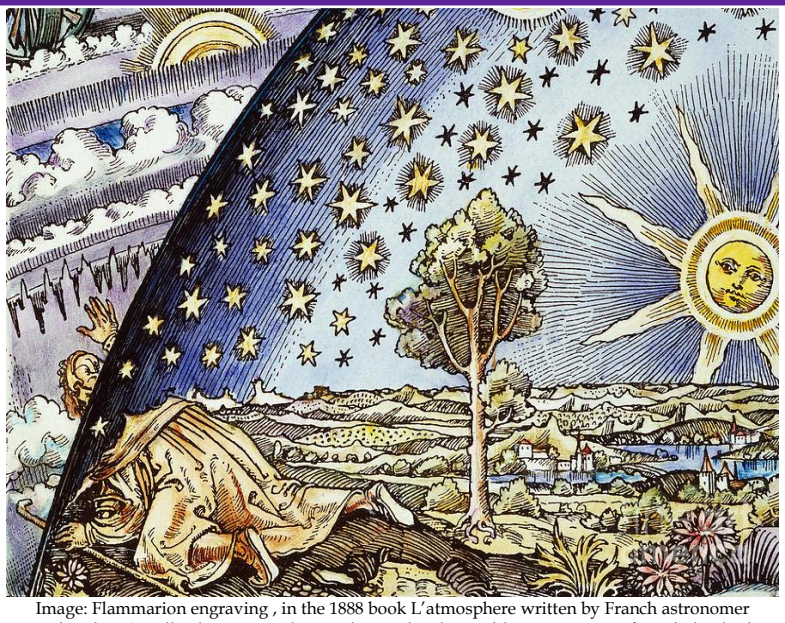

Image: Flammarion engraving , in the 1888 book L'atmosphere written by Franch astronomer and author Camille Flammarion. http:realitysandwich.com/the-importance-of-symbolic-thinking

One Day Hybrid Workshop In-person on November 29, 2026.

Facilitator : Mr. George Kwok (Teacher member of HKSTA & ISST)

Language: Cantonese with English teaching materials.

This one-day workshop will introduce the basic concepts and applications of sandplay therapy through lectures and experiential exercises. The Jungian concept of symbolic thinking and the importance of the symbolic expression of sandplay will also be discussed and illustrated using clinical materials. According to Winnicott and Jung, it is essential to facilitate symbolic thinking during sessions through play and artistic expression, such as sandplay therapy. This allows emerging images to be infused with meanings (symbols) (Swan-Foster, 2018). Sandplay clinical materials will be used to demonstrate how they help the therapeutic process.

* **Reference: Swan-Foster, N. (2018) Jungian Art Therapy: A guide to dreams, images and analytical Psychology. Routledge.**

Trainer:

Mr. George Kwok Kar Kin
(Teacher member of HKSTA & ISST)
Registered social worker, is currently a psychological counselor in Hong Kong.

Mr. Kwok has adopted sandplay therapy in his practice since 2010 and served as a committee member of Hong Kong Sandplay Therapy Association (HKSTA) from 2011-2014. He was certified as sandplay therapist (teaching member) under International Society of Sandplay Therapy (ISST) in 2019. He is currently an honorary lecturer for the Department of Social Work and Social Administration in the University of Hong Kong.

Mr. Kwok has published three papers "Chi-lin 麒麟 in sandplay therapy", "The trickster archetype in sandplay therapy: the journey of a woman suffering from bulimia" and "Mutism and sandplay therapy: A child's silent journey" in Journal of sandplay therapy in 2015, 2020 and 2022 respectively. He also presented in 23rd International Society of Sandplay Therapy Congress held in Ottawa, 25th congress in Berlin, as well as the National Conference for Sandplay Therapy Association in New Mexico in 2018. Mr. Kwok has numerous teaching experiences. In 2014 and 2017, he delivered a short course to a group of social workers in Caritas Hong Kong on Jungian concepts in sandplay therapy.

In 2015, Mr. Kwok also taught with Dr. Liza Ravitz when she delivered a sandplay therapy training workshop in Hong Kong. He also taught with Linda Cunningham in a five-day introductory training in Seattle and a one-day introductory workshop with Betty Jackson in New Mexico at 2018.

Date: November 29, 2026 (Sunday)
Time: 9:30 a.m. to 1:00 p.m. & 2:00 p.m. to 5:30 p.m.
Language: Cantonese with English teaching materials
Venue: YL Workspace, Room 903 & 905, Harvest Building, 29-35, Wing Kut Street, Central, HK (Sheung Wan MTR Exit E1)

The 6 hours (1 day session) workshop is accredited by ISST.

Date	Topic	Content
29/11 9:30am to 1:00pm	Introduction to Sandplay Therapy	1. The history and basic concept of Sandplay Therapy. 2. Essential Jungian Theory for Sandplay Therapy. 3. Experiential Exercise.
29/11 2:00pm to 5:30pm	Jungian Symbolic Thinking and its Application in Sandplay Therapy	1. Introduction to and elaboration of the concept of Symbolic Thinking 2. Illustration of Case Studies of the Application of Symbolic Thinking/Play 3. Q & A session

Workshop & Webinar Fee:

Early bird on or before 15 November 2026	HKSTA member ☐ HK$1,000 Non-member ☐ HK$1,200
After 15 November, 2026	HKSTA member ☐ HK$1,200 Non-member ☐ HK$1,400

On-line registration (Google registration link)
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Application Procedure: *(please read it well before you do the online registration)*

1. Please fill in the Google registration link. If you encounter any difficulties, please feel free to contact us at admin@hksandplay.org
2. Please deposit your payment into the bank account "Hong Kong Sandplay Therapy Association" at Hang Seng Bank # 228-338430-001 or TT.

   Swift Code: HASE HKHH
   Bank Name: Hang Seng Bank
   Bank Address: 83 Des Voeux Road, Central, Hong Kong
   Bank Code: 024

   Upload your payment slip onto your Google registration.

3. No refunds will be made once you have successfully registered for the workshop.
4. Overseas applicants paying by TT will bear full responsibility for the handling charges of both parties. **IMPORTANT**: If we do not receive full payment, our Association reserves the right to decline your attendance without any refund.
5. After receiving proof of payment, we will email you a confirmation that your registration has been successful. If you do not receive our confirmation email within 7 days, please contact us to check.

For Enquiries:
WhatsApp only: +852 9027 9558 or Email: admin@hksandplay.org